

TAKE A SELFIE WITH AN INSTRUCTOR AND TAG US ON FACEBOOK @OPENDOORSYOGA	SET A NEW GOAL FOR YOURSELF	ATTEND A LIVE STREAM CLASS	LIKE US ON FACEBOOK	ATTEND A WEEKEND CLASS
MEDITATE	ATTEND CLASS WITH A FRIEND	HYDRATE WELL TODAY	TAKE TWO CLASSES IN ONE DAY	TAKE CLASS WITH A NEW INSTRUCTOR
FOLLOW US ON INSTAGRAM @OPENDOORSYOGASTUDIOS	BRING A NEW STUDENT TO CLASS WITH YOU	Free	DECLUTTER A SPACE	WEAR OPEN DOORS YOGA MERCH TO CLASS
GET 8 HOURS OF SLEEP	TAKE A SELFIE IN OUR STUDIO AND TAG US ON INSTAGRAM @OPENDOORSYOGSTUDIOS	PURCHASE A RETAIL ITEM IN OUR STUDIO	FOLLOW & TAG US ON A TIKTOK YOU MAKE IN OUR STUDIOS @OPENDOORSYOGSTUDIOS	TELL SOMEONE YOU LOVE THEM
BUY A CLASS PASS OR MEMBERSHIP	SPEND TIME IN NATURE	ATTEND A MORNING CLASS	HAVE A DANCE PARTY AT HOME	COMPLIMENT SOMEONE TODAY



Name:

Date Completed:

Join the fun at our Duxbury & Weymouth Studios~